

הצגות בכנסים בינלאומיים וארציים Garfinkel - Presentations in conferences

1. Garfinkel D : A significant role of cellular zinc deficiency in the aging process - a new hypothesis. The annual meeting of the American Aging Association, San Francisco, October 10, 1985.
2. Garfinkel D. The role of zinc in aging: A hypothesis. The 2nd Serling Symposium on The Biology of Aging, Tiberias, October 9, 1988.
3. Garfinkel D , Jedwab M. Influence of oral zinc supplementation on aging processes in humans. Preliminary research outline. 1st annual meeting on Metal Ions in Biology and Medicine, Reims, France, May 1990.
4. Garfinkel D . Computers as an aid for medical clinic management in a residential center for senior citizens. 9th annual meeting of Israel Gerontological Society, Bat - Yam 17-18 December, 1990.
5. Garfinkel D . Computers in a Geriatric department - medical aspects. 9th annual meeting of Israel Gerontological Society , Bat - Yam, 17-18 December, 1990.
6. Garfinkel D Jedwab M. Influence of prolonged oral zinc administration on aging processes in humans - a preliminary progress report. 9th annual meeting of Israel Gerontological Society, Bat - Yam, 17-18 December, 1990.
7. Garfinkel D , Alon M. A software for the management of medical departments. 6th Annual Congress on Computers in Medical Systems, Tel - Aviv, December 24, 1991.
8. Rubin-Bruke Y, Garfinkel D . “Over-involvement” of family members in the care of dependent geriatric patients. 10th annual meeting of Israel Gerontological Society, Tel - Aviv, 21- 22 December, 1992.
9. Schori P, Garfinkel D . Pressure sores in a geriatric department - can we prevent them all ? 10th annual meeting of Israel Gerontological Society, Tel - Aviv, 21- 22 December, 1992.
10. Zakay D, Regev I, Garfinkel D . Computer anxiety and attitude toward the computerization of clinics, among adults and elderly patients. 10th annual meeting of Israel Gerontological Society , Tel - Aviv, 21 - 22 December, 1992.
11. Alon M, Garfinkel D . Report generator as a mean for retrieving information from medical systems and producing data for statistical and research purposes. 10th annual meeting of Israel Gerontological Society, Tel - Aviv, 21-22 December, 1992.
12. Schori P, Garfinkel D . aided nursing management and control in

geriatric wards. 10th annual meeting of Israel Gerontological Society, Tel - Aviv 21 - 22 December, 1992.

13. Garfinkel D . Computer - aided medical management and control in geriatric wards. 10th annual meeting of Israel Gerontological Society, Tel - Aviv, 21 - 22 December, 1992.
14. Garfinkel D , Fisher M. Basic hematological parameters in elderly populations in the community, home for the aged, in a geriatric ward and following orthopedic operations. 10th annual meeting of Israel Gerontological Society, Tel - Aviv, 21 - 22 December, 1992.
15. Garfinkel D . Influence of prolonged oral zinc administration on aging processes in humans - an interim report of the first three years. 10th annual meeting of Israel Gerontological Society, Tel - Aviv, 21 - 22 December, 1992.
16. Ovadia T, Pick T, Garfinkel D . The pace of regaining full functioning following femur fractures in the elderly. 10th annual meeting of Israel Gerontological Society, Tel - Aviv, 21 - 22 December, 1992.
17. Garfinkel D . A longitudinal study of the effect of prolonged zinc supplementation on aging processes in humans : A progress report of the first three years. XVth Congress of the International Association of Gerontology (IAGG), Budapest, 8 July, 1993.
18. Garfinkel D , Alon M. Computerized geriatric ward - medical aspects. XVth Congress of the International Association of Gerontology (IAGG), Budapest, 7 July, 1993.
19. Schori P, Garfinkel D . Computerized geriatric ward - nursing aspects. XVth Congress of the International Association of Gerontology (IAGG), Budapest, 7 July, 1993.
20. Zakay D, Regev E, Garfinkel D . Computer anxiety and attitude toward medical computers among young adults and elderly patients. XVth Congress of the International Association of Gerontology (IAGG), Budapest, 7 July, 1993.
21. Alon M, Garfinkel D . An integrated software for geriatric ward management. XVth Congress of the International Association of Gerontology Budapest (IAGG), 7 July, 1993.
22. Garfinkel D , Ginath S, Fisher M. Age - related decrease in hemoglobin concentration and anemia in elderly patients following common orthopedic operations. International Association of Gerontology- European Region - Clinical Section, Florence, May 1994.
23. Garfinkel D . Geriatric ward medical management with a computer. 11th annual meeting of Israel Gerontological Society, Jerusalem, 5 - 6 December, 1994.
24. Abraham S, Tostler N, Garfinkel D . Deficiency of zinc and other vitamins and minerals in the diet of elderly people of high

socioeconomic status living in a residential center. 11th annual meeting of Israel Gerontological Society. Jerusalem, 5 - 6 December, 1994.

25. Rubin-Brucke Y, Garfinkel D . Complexity of the social worker functions in a geriatric ward setting. 11th annual meeting of Israel Gerontological Society. Jerusalem, 5-6 December, 1994.
26. Garfinkel D , Laudon M, Zisapel N. Efficiency of melatonin in the treatment of sleep disorders in elders and it`s interactions with other drugs. 11th annual meeting of Israel Gerontological Society. Jerusalem, 5 - 6 December, 1994.
27. Garfinkel D, Laudon M, Dudai S, Karasic A, Nof D, Zisapel N. Sleep disturbances in the elderly: Effects of melatonin therapy. International conference on Recent Advances in Care of the Elderly (100th Anniversary of the Sarah Herzog-Ezrath Nashim Hospital), Jerusalem, 23- 27 April, 1995.
28. Garfinkel D, Laudon M, Dudai S, Karasic A, Nof D, Zisapel N. Drug-induced sleep disturbances in the elderly: Effects of melatonin therapy. APSS 9th annual meeting, Nashville, Tennessee, May 30 - June 4, 1995.
29. Garfinkel D , Laudon M, Nof D, Zisapel N. Treatment of elderly benzodiazepine-users with controlled-release melatonin: improvement of sleep quality. World Conference of Chronobiology and Chronotherapeutics, Ferrara, Italy, September 6 - 10, 1995.
30. Garfinkel D, Laudon M, Nof D, Zisapel N. Treatment of elderly benzodiazepine-users with controlled-release melatonin: improvement of sleep quality. 2nd International Congress of the World Federation of Sleep Research Societies, Nassau, The Bahamas, September 12 - 16, 1995.
31. Garfinkel D, Laudon M, Nof D, Zisapel N. Improvement of sleep quality of elderly benzodiazepine-users by controlled-release melatonin. 48th Annual Scientific Meeting of the Gerontological Society of America, Los Angeles, November 15 - 19, 1995.
32. Garfinkel D , Laudon M, Nof D, Zisapel N. Sleep disturbances in the elderly. Replacement therapy with controlled-release melatonin. 48th Annual Scientific Meeting of the Gerontological Society of America, Los Angeles, November 15 - 19, 1995.
33. Garfinkel D , Lehmann D, Matas Z. Zinc supplementation can postpone the decline in cell mediated delayed type hypersensitivity skin reactions. 48th Annual Scientific Meeting of the Gerontological Society of America, Los Angeles, November 15 - 19, 1995.
34. Garfinkel D . Correlation between drug therapy and melatonin, and replacement therapy with controlled-release melatonin to improve sleep disturbances in the elderly. Annual meeting of the Israel Gerontological Society – Biological Section, Hifa, Israel, Decenber 26, 1995.
35. Zisapel N, Garfinkel D, Laudon M. Effect of melatonin therapy on

sleep and corticosteroid output in the elderly. The 40th Oholo conference , Zichron Ya`akov, Israel, March 24 - 28, 1996.

36. Garfinkel D, Lehmann D, Matas Z. Prolonged administration of zinc can inhibit the age-related decline in cellular immunity related to delayed type hypersensitivity skin reactions. The Shabtai Ben - Meir annual conference of the Israeli Society of Family Physicians, Jerusalem, May 1st 1996.
37. Garfinkel D , Rock T, Pas L, Rapoport I, Bartov E. No significance effect of zinc supplementation on the progression of age-related macular degeneration (AMD). The 4th international conference on Metal Ions in Biology and Medicine, Barcelona, May 19 - 22, 1996.
38. Garfinkel D , Lehmann D, Matas Z. Zinc supplementation inhibits the age-related decline in cell - mediated delayed type hypersensitivity skin reactions. The 4th international conference on Metal Ions in Biology and Medicine, Barcelona, May 19 - 22, 1996.
39. Zisapel N, Laudon M, Garfinkel D. Use of controlled-release melatonin for insomnia. Abstract Book of the 7th European Pineal Society Colloquium, 58, 1996.
40. Zisapel N, Laudon M, Garfinkel D . Effects of fast - and controlled- release melatonin on sleep. 2nd Locarno meeting on neuroendocrinoimmunology, 40, 1996.
41. Garfinkel D, Wainstein J, Laufer J, Laudon M, Zisapel N. Effect of controlled- release melatonin on sleep quality and antioxidants in adult diabetics. 12th annual meeting of Israel Gerontological Society, Tel-Aviv, Jan 27 - 28, 1997.
42. Sharfi A, Brener E, Garfinkel D. A new software for managing geriatric institutions. 12th annual meeting of Israel Gerontological Society, Tel-Aviv, Jan 27 - 28, 1997.
43. Garfinkel D , Laudon M, Zisapel N. Improvement of sleep quality by controlled- release melatonin in elderly insomniacs treated with benzodiazepines. 12th annual meeting of Israel Gerontological Society, Tel-Aviv, Jan 27 - 28, 1997.
44. Garfinkel D, Lehmann D, Matas Z. Prolonged zinc supplementation inhibits the age-related decline of cell-mediated immune mechanism responsible for delayed type hypersensitivity skin reactions. 12th annual meeting of Israel Gerontological Society, Tel-Aviv, Jan 27 - 28, 1997.
45. Garfinkel D , Rock T, Paz L, Rapoport I, Bartov E. Prolonged zinc supplementation did not significantly altered the progression of age-related macular degeneration (AMD). 12th annual meeting of Israel Gerontological Society, Tel-Aviv, Jan 27 - 28, 1997.
46. Abraham S, Trostler N, Matas Z, Garfinkel D. Relationship between nutritional status and cellular immune response in independent

elderly people. 12th annual meeting of Israel Gerontological Society, Tel-Aviv, Jan 27 - 28, 1997.

47. **Garfinkel D** .Geriatric Boom catastrophe - a main medical, economic and social nightmare of the 21st century. 12th annual meeting of Israel Gerontological Society, Tel-Aviv, Jan 27 - 28, 1997.
48. Ishai R, Shmotkin D, **Garfinkel D**. Cognitive status as a mediator between physical health and subjective well being. 12th annual meeting of Israel Gerontological Society, Tel-Aviv, Jan 27 - 28, 1997.
49. Ishai R, Shmotkin D, **Garfinkel D**. Tools for assessing physical health in the elderly. 12th annual meeting of Israel Gerontological Society, Tel-Aviv, Jan 27 - 28, 1997.
50. **Garfinkel D**. Geriatric Boom Catastrophe - A major medical, economic and social nightmare of the 21st century. 16th Congress of the International Association of Gerontology (IAGG). Adelaid Australia, August 18 - 23, 1997.
51. **Garfinkel D**, Laudon M, Laufer J, Zisapel N. Discontinuation of Benzodiazepines in chronic users: A new therapeutic approach utilizing Controlled-Release Melatonin .16th Congress of the International Association of Gerontology (IAGG), Adelaid, Australia, August 18 - 23, 1997.
52. **Garfinkel D**, Almog S, Teperberg M, Schwartz S, Oman SD. Zinc supplementation maintains cellular immunity in healthy aging adults. 16th Congress of the International Association of Gerontology (IAGG). Adelaid, Australia, August 18 - 23, 1997.
53. **Garfinkel D**, Abraham S, Trostler N. Relationship between nutritional status and cellular immunity in independent elders living in a residential center. 16th Congress of the International Association of Gerontology (IAGG). Adelaid, Australia, August 18 - 23, 1997.
54. **Garfinkel D**, Rock T, Paz L, Rapoport I, Bartov E. Prolonged zinc supplementation for Age-related Macular Degeneration (AMD) - No significant inhibitory effect. 16th Congress of the International Association of Gerontology (IAGG). Adelaid Australia, August 18 - 23, 1997.
55. **Garfinkel D**, Laudon M, Zisapel N. Facilitation of benzodiazepine discontinuation utilizing controlled-release melatonin. 4th Congress of the European Society for Clinical Neuropharmacology. Eilat, Israel, December 1-4, 1997.
56. Laudon M, **Garfinkel D**, Zisapel N. Facilitation of benzodiazepine discontinuation by melatonin. 3rd Annual Conference of the Israeli Society for Sleep Research, Beer Sheva, Israel, March 24, 1998.
57. **Garfinkel D**. Facilitation of benzodiazepine discontinuation by Controlled-Release melatonin: A new therapeutic approach. 2nd Bessie & Louis Stein Geriatric Conference on "Aging in the Mediterranean and the Middle East". Tel-Aviv, Israel, June 6 - 9, 1998.
58. **Garfinkel D**. Economic and social aspects of the 21st century Geriatric Boom Catastrophe. 28th ICSW International Conference of Social Welfare,

Jerusalem, Israel, July 5 - 9, 1998 .

59. **Garfinkel D.** Is it possible to prevent the medical, economic and social aspects of the Geriatric Boom Catastrophe? 1st European International Conference on Quality of Life and Longevity Medicine, Brussels, Belgium, September 24 - 26, 1998.
60. **Garfinkel D, Wainstein J, Laufer J, Matas Z, Laudon M, Zisapel N.** Controlled-Release melatonin improves sleep quality and may have a beneficial effect on HgA1C in Type 2 diabetics. 16th meeting of the Israel Diabetes Association, Tel-Aviv, Israel, January 19, 1999.
61. **Garfinkel D.** Geriatric Boom Catastrophe - A major medical, economic and social threat of the 21st century. 2nd Conference of the Society for the Inhibition of Age-related Processes. Tel-Aviv, Israel, February 2, 1999.
62. **Benyamini Y and Garfinkel D.** The relationship between the perception of heart disease, spouse support and coping with the disease among elderly people. 13th annual meeting of Israel Gerontological Society, Jerusalem, February 22 - 23, 1999 (Best Poster award).
63. **Laudon M, Zisapel N, Garfinkel D.** Melatonin effectively facilitates benzodiazepine discontinuation in insomnia patients. 3rd International Congress of the World Federation of Sleep Research societies, Dresden, Germany, October 5 - 9, 1999.
64. **Berger SI, Garfinkel D, Ben-Basat Z, Slizak G, Katav V, Gilis E.** A comprehensive palliative approach in the care of a non-cancer incurable young patient. International meeting of the European Association for Palliative Care, Jerusalem, Israel, April 9 - 22, 2000.
65. **Garfinkel D, Zisapel N, Laudon M, Berkovitz M, Waller A.** Controlled-Release melatonin in palliative care: A means for improving sleep and quality of life. International meeting of the European Association for Palliative Care, Jerusalem, Israel, April 9 - 22, 2000.
66. **Garfinkel D.** The Geriatric - Oncologic Boom Catastrophe: A booster for developing better palliative care services at the beginning of the 21th century. International meeting of the European Association for Palliative Care, Jerusalem, Israel, April 9 - 22, 2000.
67. **Fogel R, Shefer I, Floru S, Rom L, Garfinkel D.** Home rehabilitation for patients with stroke. 14 th annual meeting of of Israel Gerontological Society, Tel-Aviv, Israel, February 26 - 27, 2001.
68. **Hemo G, Slizak G, Garfinkel D.** Supportive groups for people who serve as primary care givers to bed ridden elderly parents. 14 th annual meeting of Israel Gerontological Society, Tel-Aviv, Israel, February 26 - 27, 2001.
69. **Berger SI, Ludman N, Nugis E, Garfinkel D.** The fundamental right to live and die with dignity - at home: Summarizing our experience with families of terminally ill patients who want to continue living at home. 14 th annual meeting of Israel Gerontological Society, Tel-Aviv, Israel,

February 26 - 27, 2001.

70. Slizak G, Zilbershlag Y, Ilan I, Garfinkel D. A plan for preventing falls at home in the elderly independent population. 14 th annual meeting of Israel Gerontological Society, Tel-Aviv, Israel, February 26 - 27, 2001.
71. Halevi O, Garfinkel D. Developing the "Victim Perception" as a protective mechanism for coping with aging and morbidity. 14 th annual meeting of Israel Gerontological Society, Tel-Aviv, Israel, February 26 - 27, 2001.
72. Garfinkel D, Shefer I, Berger SI, Salvin E. Developing medical charts for home care patients in preparation for a future computerized file at the patient's home. 14 th annual meeting of Israel Gerontological Society, Tel-Aviv, Israel, February 26 - 27, 2001.
73. Garfinkel D. A challenge for the 21th century: Health for all in face of the Geriatric Boom Catastrophe. 14 th annual meeting of Israel Gerontological Society, Tel-Aviv, Israel, February 26 - 27, 2001.
74. Garfinkel D, Jonas M, Grossman E, Laudon M, Zisapel N. Impaired nocturnal melatonin output in nondipper as opposed to dipper hypertensive patients. 14 th annual meeting of Israel Gerontological Society, Tel-Aviv, Israel, February 26 - 27, 2001.
75. Garfinkel D. The "Geriatric-Oncologic Boom Catastrophe" as an incentive for developing better palliative care services in the 21th century. 14 th annual meeting of Israel Gerontological Society, Tel-Aviv, Israel, February 26 - 27, 2001.
76. Fox E, Itai P, Ilan I, Garfinkel D. Screening for decreased sight and hearing acuity in the general population over the age of 65. 14 th annual meeting of Israel Gerontological Society, Tel-Aviv, Israel, February 26 - 27, 2001.
77. Moav C, Garfinkel D. Adding a clinical pharmacist to home care multidisciplinary team. 14 th annual meeting of Israel Gerontological Society, Tel-Aviv, Israel, February 26 - 27, 2001.
78. Garfinkel D. Age related deficiencies in microelements. Nutrition and Longevity Conference, Danone Institute Israel, March 26, 2001.
79. Garfinkel, Berger SI. The right to live and die with dignity at home: Supporting terminally ill patients who wish to live out their lives at home. 7th International meeting of the European Association for Palliative Care, Palermo, Italy, April 1 - 5, 2001.
80. Garfinkel D. Health for everyone at all age groups facing the Geriatric Boom Catastrophe. 3rd Multidisciplinary Conference of the Society for the Inhibition of Age-related Processes. Tel-Aviv, Israel, May 22 - 23, 2001.
81. Garfinkel D. Zinc and Microelements. 3rd Multidisciplinary Conference of the Society for the Inhibition of Age-related Processes. Tel-Aviv, Israel, May 22 - 23, 2001.
82. Garfinkel D. The diagnostic and therapeutic approach to sleep disorders in

adults and elderly people. 3rd Multidisciplinary Conference of the Society for the Inhibition of Age-related Processes.
Tel-Aviv, Israel, May 22 - 23, 2001.

83. Jonas M, Grossman E, Laudon M, Garfinkel D. Impaired nocturnal melatonin output in Non-dipper as opposed to Dipper hypertensive patients. 17th Congress of the international association of gerontology, Vancouver, Canada, July 1 - 6, 2001.
84. Garfinkel D. The “Geriatric-Oncologic Boom Catastrophe” as an incentive for developing better palliative care services in the 21th century. 17th Congress of the international association of gerontology, Vancouver, Canada, July 1 - 6, 2001.
85. Berger SI, Garfinkel. Supporting terminally ill patients who wish to live out their lives at home. 17th Congress of the international association of gerontology, Vancouver, Canada, July 1 - 6, 2001.
86. Garfinkel D, Wainstein J, Halabe A, Matas Z, Laudon M, Zisapel N. Beneficial effect of Controlled-Release melatonin on sleep quality and hemoglobin A1C in Type 2 diabetic patients. 17th Congress of the international association of gerontology, Vancouver, Canada, July 1- 6, 2001.
87. Zisapel N, Laudon M, Garfinkel D. Melatonin effectively facilitates a benzodiazepine discontinuation in patients with sleep disturbances. 17th Congress of the international association of gerontology, Vancouver, Canada, July 1- 6, 2001.
88. Shefer I, Berger SI, Ben-Basat Z, Slizak G, Katav V, Gilis E, Garfinkel D. A comprehensive geriatric-palliative approach in the care of a non-cancer incurable young patient. 17th Congress of the international association of gerontology, Vancouver, Canada, July 1 - 6, 2001.
89. Garfinkel D, Fogel R, Shefer I, Floru S, Rom L. Home rehabilitation for stroke patients. 10th Congress of the Israel Association of Family Physicians. Tel-Aviv, Israel, December 12, 2001.
90. Garfinkel D, Lipkin A, Herskovits T, Wainstein J. Efficacy of continuous glucose monitoring system in the detection of changes in serum glucose in type 2 diabetics who undergo major orthopedic surgery. 5th International Diabetes Federation Western Pacific Region, Beijing, China, May 4 - 7, 2002 .
91. Garfinkel D. Inhibition of Aging - Evidence based medicine as a tool for the family physician, in face of the commercial “anti-aging” wave. 4rd Multidisciplinary Conference of the Society for the Inhibition of Age-related Processes, in 2nd. Congress for Community Medicine, Tel-Aviv, Israel, Sept.11, 2002.
92. Garfinkel D. The role of melatonin in sleep disorders in adults. 4rd Multidisciplinary Conference of the Society for the Inhibition of Age-related Processes, in 2nd. Congress for Community Medicine,

Tel-Aviv, Israel, Sept.11, 2002.

93. **Garfinkel D.** Sleep disorders in elderly persons in nursing homes and geriatric wards. 1st Congress of Medicine in the Third Age, Tel Aviv, Israel, April 28, 2003.
94. **Garfinkel D.** Combining palliative and geriatric perceptions as a rational approach for pain management in the elderly. Conference on "Therapeutic approach to pain management in the Elderly". Shoham Geriatric Center Pardes Hana, Israel, November 5, 2003.
95. **Garfinkel D, Zorin M, Boaz M, Wainstein J, Laudon M.** Short term effect of Controlled-Release melatonin on diabetes control and sleep quality in Type 2 diabetic adults. 15th biennial meeting of the Israel Gerontological Society, Tel-Aviv, Israel, December 22 - 23, 2003.
96. **Franco-Pinto L, Garfinkel D,** "Garlic, Pepper and Olive oil" - in geriatric patients too - The importance of integrating a dietician into the food preparation process in a large geriatric center. 15th biennial meeting of the Israel Gerontological Society, Tel-Aviv, Israel, December 22- 23, 2003.
97. **Ari O. Garfinkel D.** Ways of improving workers welfare and solidarity with the institution in a large geriatric center. 15th biennial meeting of the Israel Gerontological Society, Tel-Aviv, Israel, December 22 - 23, 2003.
98. **Garfinkel D.** The commercialization of the "Anti Aging" movement : a real threat to the public and to many decades evidence based medicine. 15th biennial meeting of the Israel Gerontological Society, Tel-Aviv, Israel, December 22 - 23, 2003.
99. **Garfinkel D.** "Throwing out the baby with the bath water": the damage from publication in the general press without scientific evidence - the melatonin example. 15th biennial meeting of the Israel Gerontological Society, Tel-Aviv, Israel, December 22 - 23, 2003.
100. **Garfinkel D, Mushkat M, Ben Hamo D, Gershon M, Ari O, Zilberman N, Ben Israel J.** "There's no smoke without Fire" - Lessons learned from a smoking - weaning project in an attempt to create a clean non-smoking geriatric center. 15th biennial meeting of the Israel Gerontological Society, Tel-Aviv, Israel, December 22 - 23, 2003.
101. **Sinai T, Garfinkel D, Edri V, Ben Israel J.** Preparing a multidisciplinary team in a geriatric center to treat exceptional patients using theories of leadership, group empowerment and reframing. 15th biennial meeting of the Israel Gerontological Society, Tel-Aviv, Israel, December 22 - 23, 2003.
102. **Garfinkel D, Kundzinsh E.** Creating clinical guidelines for treating elderly people in the setting of nursing homes and homes for the aged. 15th biennial meeting of the Israel Gerontological Society, Tel-Aviv, Israel, December 22 - 23, 2003.
103. **Sothskover A, Ermak E, Orion Y, Garfinkel D.** The variety of atypical

presentations of constipation and fecal impaction in the elderly.
15th biennial meeting of the Israel Gerontological Society, Tel-Aviv, Israel,
December 22 - 23, 2003.

104. Fogel D, Krupnick L, Hadid N, Garfinkel D. The impact of headache and migraine on life quality and the level of professional performance in a team treating elderly patients. 15th biennial meeting of the Israel Gerontological Society, Tel-Aviv, Israel, December 22 - 23, 2003.
105. Dromi R, Reichman S, Ben Hamo D, Asaraf O, Garfinkel D. The diverse implications of scabies in a large geriatric center. 15th biennial meeting of the Israel Gerontological Society, Tel-Aviv, Israel, December 22 - 23, 2003.
106. Garfinkel D. Guidelines to a practical diagnostic and therapeutic approach to sleep disorders in elderly people in the setting of nursing homes and homes for the aged. 15th biennial meeting of the Israel Gerontological Society, Tel-Aviv, Israel, December 22 - 23, 2003.
107. Garfinkel D, Zur-Gil S, Ben Israel J. Improving medical and economic cost effectiveness of drug consumption in nursing departments. 15th biennial meeting of the Israel Gerontological Society, Tel-Aviv, Israel, December 22 - 23, 2003 (Best Poster award).
108. Dromi R, Ben Hamo D, Reichman S, Garfinkel D. The variety of skin problems in elders referd to a dermatologist - comparing the elderly population in the community to that of a geriatric center. 15th biennial meeting of the Israel Gerontological Society, Tel-Aviv, Israel, December 22 - 23, 2003.
109. Seleznev I, Garfinkel D. Nocturnal Respiratory Disturbances in frail elders. 15th biennial meeting of the Israel Gerontological Society, Tel-Aviv, Israel, December 22 - 23, 2003.
110. Itzaki M, Stolero I, Asaraf O, Ben Akiva Maleniak O, Garfinkel D. Gardening as a means for improving life quality in elders in a large geriatric center. 15 th biennial meeting of the Israel Gerontological Society, Tel-Aviv, Israel, December 22 - 23, 2003.
111. Garfinkel D. Combining palliative and geriatric perceptions into a rational approach for treating elderly people. 6st Annual conference of the Israel palliative medicine society, Zefat, Israel, May 6-8, 2004.
112. Garfinkel D. A new method combining the palliative and the geriatric perceptions to manage polypharmacy. Annual conference of Israel association of palliative care, Tel-Aviv, Israel, October 20, 2004.
113. Garfinkel D, Zur - Gil S, Kundzinsh E, Ben Israel J. A new Palliative Geriatric approach for improving drug therapy and fighting polypharmacy in disabled elderly people. 18th Congress of the International Association of Gerontology, Rio de Janeiro, Brazil. June 26 – 30, 2005.
114. Garfinkel D, Abu-Rkih R. Combining pallitive and geriatric principles Into a comprehensive rational approach for treating disabled elderly people. 18th Congress of the International Association of

Gerontology, Rio de Janeiro, Brazil. June 26 – 30, 2005.

115. Zheludkov S, Jamal S, Har-Noy R, Garfinkel D. The effects of Stopping Enemas in Disabled Elderly Patients Suffering from Constipation in Nursing Departments. 18th Congress of the International Association of Gerontology, Rio de Janeiro, Brazil. June 26 – 30, 2005.
116. Sinai T, Ben-Israel J, Garfinkel D. Implementing the leadership theory in preparation of multi-disciplinary geriatric teams for treating patients with severe disfiguration. 18th Congress of the International Association of Gerontology, Rio de Janeiro, Brazil. June 26 – 30, 2005.
117. Sinai T, Garfinkel D. The Role of the Psychologist in Multy-Disciplinary Geriatric Hospital Teams: Some Thoughts and Facts. 18th Congress of the International Association of Gerontology, Rio de Janeiro, Brazil. June 26 – 30, 2005.
118. Benyamini Y, Medalion B, Garfinkel D. Patient and spouse Representations of the patient's heart disease and their associations with received and provided social support and undermining. 19th Annual Conference of the European Health Psychology Society, Galway, Ireland, August 31 - Sept 3, 2005.
119. Garfinkel D, Abu-Rkih R. Combining pallitive and geriatric principles into a comprehensive rational approach for treating disabled elderly people. 16th biennial meeting of the Israel Gerontological Society, Tel-Aviv, Israel, December 26 - 27, 2005.
120. Garfinkel D, Zheludkov S, Jamal S, Har-Noy R. The effects of Stopping Enemas in Disabled Elderly Patients Suffering from Constipation in Nursing Departments. 16th biennial meeting of the Israel Gerontological Society, Tel-Aviv, Israel, December 26 - 27, 2005.
121. Garfinkel D. Expanding Palliative care horizons facing morbidity of the 21 st century. 12Annual conference of Israel association of palliative care, Tel-Aviv, Israel, January 25, 2006 (leading chair opening lecture).
122. Garfinkel D. Geriatric and Palliative perceptions- Similarities and differences. 12Annual conference of Israel association of palliative care, Tel-Aviv, Israel, January 25, 2006.
123. Garfinkel D., Radomisalsky Z, Jamal S, Ben Israel J. Hip protectors as an effective tool for preventing hip fractures in elderly patients with dementia. The Shabtai Ben – Meir annual conference of the Israeli Association of Family Physicians. Nazereth, Israel, March 28, 2007.
124. Garfinkel D. Improving quality of life in nursing departments using the Geriatric-Palliative approach for fighting inappropriate medication use. 14th annual conference of the Israeli Society for Quality in Medicine. Ramat –Gan, Israel, May 17, 2007.
125. Garfinkel D., Radomisalsky Z, Jamal S, Ben Israel J. Improving quality of life of patients with dementia, using hip protectors to prevent hip fractures in dementia specialized departments.

14th annual conference of the Israeli Society for Quality in Medicine.
Ramat –Gan, Israel, May 17, 2007.

126. Ben Shalom S, Solomon I, Wolfen E, Shahar I, Garfinkel D. Improving life quality of patients with terminal diseases and their families in the community and in long-term care facilities, using volunteers as part of the inter-disciplinary team. 14th annual conference of the Israeli Society for Quality in Medicine. Ramat –Gan, Israel, May 17, 2007.
127. Shahar I, Ben Shalom S, Garfinkel D. Empowerment of the inter-disciplinary team in a Geriatric-Palliative unit, using the Bio-Psyco-Social model. 14th annual conference of the Israeli Society for Quality in Medicine. Ramat –Gan, Israel, May 17, 2007.
128. Garfinkel D. A new geriatric-palliative approach for reducing polypharmacy and Improving drug therapy in disabled elderly people. The 6th Bessie and Louis Stein Geriatric Conference, Tel-Aviv, Israel, June 13, 2007.
129. Garfinkel D. Improving quality of drug therapy in disabled elderly patients using the Geriatric-Palliative approach. VI European Congress of the international Association of Gerontology, Saint Petersburg, Russia, July 5 – 8, 2007.
130. Garfinkel D, Radomisalsky Z, Jamal S, Ben Israel J. Efficacy of hip protectors in decreasing the rate of hip fractures in patients in dementia specialized units.
VI European Congress of the international Association of Gerontology, Saint Petersburg, Russia, July 5 – 8, 2007.
131. Garfinkel D, Ben Israel J. Attacking polypharmacy in long-term care setting and in the community - a clinical and economic national challenge. 6th annual conference of the Israel National institute for health policy and health services research (NIHP). Tel Aviv, Israel December 12, 2007.
132. Garfinkel D . Deepening the Palliative perception in the 21th century – the right for the patient, the obligation of the care giver and the achievement for society. 13th Annual conference of Israel association of palliative care, Tel-Aviv Israel, January 23, 2008 (leading chair opening lecture).
133. Garfinkel D. Why, how many and what medications to prescribe when life expectancy is limited? 13th Annual conference of Israel association of palliative care, Tel-Aviv, Israel, January 23, 2008.
134. Shahar I, Ben Nathan M, Garfinkel D. Telling the truth to patients with severe life threatening diseases – positions of physicians and nurses in Israel. 13th Annual conference of Israel association of palliative care, Tel-Aviv, Israel, January 23, 2008.
135. Garfinkel D. Defeating polypharmacy using the Palliative Geriatric approach – an achievable national challenge. 13th Annual conference of Israel association of palliative care, Tel-Aviv, Israel, January 23, 2008.
136. Shahar I, Ben Shalom S, Garfinkel D. Empowerment of the inter-disciplinary team in a Geriatric-Palliative unit, using the Bio-Psyco-Social model.

13th Annual conference of Israel association of palliative care, Tel-Aviv, Israel, January 23, 2008.

137. Ben Shalom S, Solomon I, Wolfen E, Shahar I, Garfinkel D. Improving life quality of patients with limited life expectancy and their families, using volunteers as part of the inter- disciplinary team. 13th Annual conference of Israel association of palliative care, Tel-Aviv, Israel, January 23, 2008.
138. Garfinkel D . Delaying aging processes - facts versus fantasy. 8th Annual conference of Israel Society for History & Philosophy of Science. Jerusalem, March 16, 2008.
139. Garfinkel D . The war against polypharmacy – a new palliative - geriatric approach in the community and in long term care facilities. 5th. Research forum of the European Association for Palliative Care, Trondheim, Norway, May 29 – 31, 2008.
140. Garfinkel D. Palliative care as carrying the flag of respect for autonomy, “primum non nocere”, and “The art of Medicine” in the third millenium. 14th Annual conference of Israel association of palliative care, Tel-Aviv, Israel, January 25, 2009 (leading chair opening lecture).
141. Garfinkel D. The war against polypharmacy – rethinking and reevaluation needed for each and every drug in the elderly. World congress of gerontology & geriatrics (IAGG), Paris, July 5 - 9, 2009.
142. Garfinkel D, Shahar I, Ben Nathan M. Telling the truth to patients with severe life threatening diseases – positions of physicians and nurses in Israel. World congress of gerontology & geriatrics (IAGG), Paris, July 5 - 9, 2009.
143. Garfinkel D. The war against inappropriate medication use and polypharmacy - Re-evaluation and rethimking needed for each medication in the elderly. The 16th. annual conference of Israel Society for Quality in Healthcare, Tel Aviv, Isael, November 5, 2009.
144. Garfinkel D. Passing the buck - who is responsible for the war on polypharmacy ? Improving Health & Healthcare - 4th. International Jerusalem Conference on Health Policy. Jerusalem, Israel, December 9, 2009.
145. Garfinkel D. Detemining Clinical practice guidelines in elders with co-morbidity living in the community – Success of the GPGP in balancing drug therapy in elders with polypharmacy. 18th biennial meeting of the Israel Gerontological Society, Tel-Aviv, Israel, February 16 - 17, 2010.
146. Shahar I, Ben-Natan M, Garfinkel D. End-of-life needs and wishes as perceived by elderly residents, family and staff. 15th Annual conference of Israel association of palliative care, Tel-Aviv, Israel, February 24, 2010.
147. Garfinkel D. Inappropriate medication use and Polypharmacy – Reevaluation and rethinking is needed for each and every drug in elders and patients with limited life expectancy. 15th Annual conference of Israel association of palliative care, Tel-Aviv, Israel, February 24, 2010.
148. Garfinkel D. Does drug withdrawal prolong life? Controversies in geriatric

polypharmacy. COLONGY. The 1 st. international congress on controversies in Longevity, Health and Aging. Barcellona, Spain, June 24 – 27, 2010.

149. Garfinkel D. "More is Less" - Garfinkel method for decreasing drug load and polypharmacy. Academic - Clinical Conference of the Internal Medicine Forum of The Hebrew University Medical Centers, Male HaHamisha, Israel, January 25, 2011.
150. Garfinkel D. Medication use in the last period of life- To give or not to give? The Geriatric-Palliative approach for appropriate medication use in elders and "End of life" patients. 16th. Annual conference of Israel association of palliative care, Tel-Aviv, Israel, February 9, 2011.
151. Garfinkel D. "Less is More" - Garfinkel method for improving medication use and decreasing drug load in elders. Annual meeting of Israel Society of Clinical Pharmacy and Biopharmaceutics, Sheba Medical Center, Tel Hashomer, Israel. March 1, 2011.
152. Garfinkel D, Zheludkov S. The impact of demographic, clinical, nutritional, cognitive and laboratory factors in predicting life-expectancy in disabled patients suffering from pressure sores grade 3-4. Summer conference of Israel Association for Geriatric Medicine, Tel Aviv, June 28 2011.
153. Garfinkel D. Keynote Lecture: Customizing Drug Therapy for the Elderly – Combining Ethics, Evidence Based Medicine, and the Art of Medicine. The annual meeting of the German, Austrian and South Tyrolian Association of Family Medicine and General Practice. Salzburg, Austria, September 22-24, 2011.
154. Garfinkel D. Less is more - the triple win-win-Game of reducing polypharmacy The annual meeting of the German, Austrian and South Tyrolian Association of Family Medicine and General Practice. Salzburg, Austria, September 22-24, 2011.
155. Garfinkel D. Chair and coordinator of workshop: Drugs to be discontinued – why and how: the Garfinkel Method. The annual meeting of the German, Austrian and South Tyrolian Association of Family Medicine and General Practice. Salzburg, Austria, September 22-24, 2011.